Master Tung’s Magic Points
Beginning Series - 1
By Susan Johnson, L.Ac.

Presented by Eastern Currents Learning
Phone: 1-800-667-6866 | email: seminars@easterncurrents.ca

Table of Contents:
Beginning Series 1 - Part 1..........................................
Beginning Series 1 - Part 2..........................................
Beginning Series 1 - Part 3..........................................
Beginning Series 1 - Part 4..........................................
Beginning Series 1 - Part 5..........................................
Beginning Series 1 - Part 6..........................................
Beginning Series 1 - Part 7..........................................
Beginning Series 1 - Part 8..........................................

Jump to Page 2
Jump to Page 5
Jump to Page 9
Jump to Page 13
Jump to Page 17
Jump to Page 20
Jump to Page 23
Jump to Page 26
Master Tung’s Magic Points

by Susan Johnson

Table of Contents:
Beginning Series 1, Part 1
Introduction and Magic Square

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:00 Introduction

04:13 Recorded discussion on how long it will take to integrate this material

05:50 The new Power Point files

06:35 Information about the Advanced Series

09:00 Keeping the energetic lines clear

10:39 How Susan determines which points to choose

12:17 How to learn the points

13:57 How to needle the points

14:16 Scalp acupuncture

14:43 Hand points
15:08  The history of Tung’s acupuncture: Master Tung, Dr. Miriam Lee, Dr. Young; scope of practice, including bleeding techniques, and how Susan learned the points

20:27  Treating emergencies with bleeding techniques

26:00  Using the fewest possible needles; keeping clear energetic lines; needling points on the arms and legs and bleeding on the torso

30:35  Dr. Miriam Lee and her clinic

33:25  Moxa pots and bamboo cupping

34:37  Miriam Lee’s books and Dr. Young’s books

36:49  Insights of a Senior Acupuncturist

38:01  Recorded question about bamboo cups

40:29  The Magic Square

46:48  Bilateral vs. unilateral needling patterns

48:33  Examples of Master Tung points chosen, and how they fit the Magic Square (1 treating 9: 55.02 Flower Bone One…)

56:06  9 treating 1

57:50  6 treating 4

58:21  Recorded question about treating plantar fasciitis

58:38  77.22--77.23 Beside Three Miles

1:01:58  88.25 Center Nine Miles (GB31)

1:02:34  77.18 Kidney Gate (Shen Guan)

1:03:18  4 treating 6
1:13:42 Examples of 4 treating 6

1:14:47 Discussion of addendum points

1:16:04 6 treating 4

1:19:18 Limb to limb

1:20:24 Recorded question about how to explain opposite side treatments to patients, building rapport and trust with patients - not needling into pain!

1:25:01 Recorded question: Do you cup locally? Discussion about cupping

1:28:47 Case history: Excruciating facial pain; the importance of experimenting and trying new things

1:32:22 All directions treat the center

1:35:18 Torso treatment
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 2
How the Points Work

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:00 Pre-lecture questions about material from segment #1
00:04 Using cupping for both chronic and acute conditions
03:20 Recorded question about points for scapular pain
04:59 Cupping to clear toxins, what is meant by “Toxin Areas”
06:54 Question about ‘running/pulling/moving cups’ vs stationary Cupping; Gua Sha
08:38 “How the points work” lecture
08:57 740 points in Master Tung’s system
09:48 33.11 Liver Gate connection to Small Intestine meridian
10:32 33.01--33.03 This Door/This Corner/This uprightness relationship to Large Intestine channel
11:21 Connection of the distal points to the brain – particularly the thumb, fingers, and the big toe
14:29  Thenar eminence

14:57  Five theories utilized in Tung’s acupuncture

15:06  (1) Opposite side needling for structural issues

15:36  (2) Active qi moving techniques; setting up the energetic pathway

20:08  (3) Back Horse/Dao Ma supporting point techniques

22:14  Thigh points: Why they are so powerful and useful

24:37  (4) Five element relationships of Master Tung points:

24:50  11.17 Wood (Anger) – ‘Mu’

29:29  11.20 Wood Inflammation

30:43  1010.19–1010.20 Water Gold/Water Through

31:07  55.01 Fire Bag

31:24  66.02 Wood Wife

32:02  88.17–88.19 Four Horses - location and Reaction Area elemental relationships

34:11  (5) Guiding points; use of Shu Stream Transporting points

35:48  77.22–77.23 Beside Three Miles, 22.06 Middle White (Zhong Bai)

37:11  Example: Sciatica treatments with distal and guiding points; using more than one guiding point to treat pain that occurs simultaneously in multiple channels

38:41  LI20 Welcome Fragrance as a guiding point

39:46  Bleeding – integral to Master Tung’s acupuncture; examples (Tai Yang, LU5, UB40)
Cupping

Susan’s HIV clinic

Question about bleeding during menstruation

Rules for using Tung’s points

Needle according to depth

Deep needling techniques vs. shallow needling

Needle according to the nature of the disease (heat, recent, deficient vs. cold, chronic, excess); spring vs. summer, winter, and fall

Needle according to the physical condition of the patient

Needling according to the location of the point

Bleeding insertion depths

Avoiding pneumothorax

Deep needling REN12

Muscular patients much harder for wind evil to evade, but once it happens, it goes very deep in the body and is hard to extricate. Wind is something we treat every day - second to stagnation. Bring the wind out, then rebuild the system.

Thin patients, children, elderly might do shallow needle, or instant in/out

Retain needles longer for chronic deficiency; bleed for chronic excess

Acute vs. chronic for duration and insertion depth
Retaining needles according to the time of day treated

24 hour cycle of qi and blood flow, 28 minutes, 48 seconds = retain needles at least 30 minutes

Focus the treatments, and be very clear - don’t try to do too much or send qi in different directions. Consecutive vs. simultaneous treatments.

How long Susan retains needles in her patient (45 minutes vs 60 minutes)

Treating both sides consecutively (shorter tx, opposite the lesser symptoms), then 45 minutes opposite the worse symptoms

Recorded question about retention of needles in patients that are deficient

Recorded question: Is deep needling with long retention sedating?

Recorded question about needle gauges Susan uses; information about treating children; choosing the correct needle for each patient, and scalp acupuncture needles

Case history: 10 year old waterboy for football team who got tackled - asthma and nightmares, 1010.19--1010.20 Water Gold/ Water Through and Prefrontal scalp needles
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 3
11.01 through 11.06
(Including 11.17 and 11.24)

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:21 Recorded question about patients who feel tired after treatment

01:28 Discussion about soreness after cupping; post cupping recovery

02:45 Use of rolled up hand towels to aid in needling

06:03 Recorded question about using multiple techniques or treating multiple conditions in one day

08:35 Prioritizing the order of treatments: Cupping/bleeding before the needle treatment, or consecutive needle treatments

11:38 Locating finger points; numbering system of Master Tung points

14:52 Finger points; A-E lines

15:15 Palmar surface

17:55 Some finger points are only done on one side: 11.20 Wood Inflammation or 11.18 Spleen Edema
18:28 Often points can be done on either side, but are only needled unilaterally: E.g., 11.06 Return to the Nest and 11.24 Gynecological Points

20:25 Five lines on the palmar surface; on the dorsum of the hand, there are only three lines

20:51 Dorsal view

22:13 Needling on A or E line, at the junction of the red/white skin

22:48 How to needle finger points to reduce sensitivity

24:12 Sliding the shaft of the needle alongside the bone to add Kidney tonification

25:13 How to needle palmar/midline finger points

27:16 Needling points on the midline of the dorsum of the hand

28:16 Needling points on the ulnar or radial sides of the dorsum of the finger

29:57 How the practitioner should use both hands when needling finger points

31:18 Blood vessels - burning hot pain vs. “zip” nerve sensation

32:40 Removing needles if you encounter a nerve sensation on 11.17 Wood (Anger)

33:29 Avoiding blood vessels

34:47 Creases that should be used for locating finger points

35:27 11.01-11.05 Hernia Points

36:45 11.05 Middle Distance - an important emergency point
39:37 11.01 Great Distance

40:05 11.02 Floating Distance

40:44 11.03 External Distance and 11.04 External Distance

40:56 Using all five points for hernia: How they are needled and how the patient’s hand is positioned

41:42 Moxa pots

43:02 Using moxa pots on a hernia

44:07 Reviewing the individual point indications of the Hernia Points; however, these points are not chosen unless there is a hernia (except 11.05 Middle Distance); commentary about these points and how they work

47:28 Movie: 11.01-11.05

51:02 11.06 Return to the Nest; San Jiao/Kidney relationship; indications

52:58 How to needle Return to the Nest

54:10 “Pegging” the tendon

55:14 Indications for Return to the Nest

59:15 Helping menopausal patients avoid hysterectomies

59:52 Movie: 11.06 Return to the Nest

1:01:59 11.24 Gynecological

1:05:29 Combining 11.06 Return to the Nest, 11.24 Gynecological, and 11.17 Wood (Anger) aka “Mu”
1:07:34 Frequency of treatment and rotating the points

1:08:42 Cyclical migraine headaches and balancing the hormones

1:09:40 Movie: 11.24 Gynecological

1:12:38 11.17 Wood (Anger)

1:14:55 Movie: 11.17 Wood (Anger)

1:19:13 Treating dry eyes

1:21:05 Recorded question: Are the points powerful enough to use for gynecological issues on their own?

1:21:32 Finger points can be added to other treatments without interfering with the energetic lines

1:22:41 Recorded question about 11.06 and 11.24 being needled unilaterally vs. bilaterally

1:23:09 Recorded question: Moxa and Hernia Points

1:23:34 Recorded question: Why use LV1 Da Dun as a guiding point for hernia

1:24:41 Recorded question: Infertility due to an unknown origin and use of the finger gynecological points; emotional component of infertility

1:25:37 Movie: 11.06 Return to the Nest, 11.17 Wood (Anger), and 11.24 Gynecological
Master Tung’s Magic Points  
by Susan Johnson

Table of Contents:  
Beginning Series 1, Part 4  
11.07 through 11.15

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:00  11.07 Finger Four Horses

03:37  Recorded question about splotchy patches on the face

04:30  11.08 Finger Five Gold, Finger Thousand Gold

07:44  11.09 Heart Knee

08:27  How to needle 11.09 Heart Knee

10:46  11.09 Heart Knee and active qi moving technique for degenerative knee pain

12:31  All points with “Fire” in their name treat the Heart

13:02  Middle finger’s relationship to the spine

14:05  11.10 Wood Fire

15:28  Needling cautions for 11.10 Wood Fire and how to needle it correctly
17:30 Treating stroke: Needle and remove 11.10 Wood Fire, then choose other points; bamboo cupping

20:16 Case history: Bleeding to treat stroke

22:25 Most common use of 11.10 Wood Fire: Cold hands and legs in elderly patients

23:20 Recorded question about taking patients’ blood pressure when needling this point

24:08 Recorded question about needling this point for a stroke patient who you are not treating immediately after a stroke

24:44 Recorded question about needling protocol for cold hands and feet, and the types of patients for whom Susan needles this point

25:33 Recorded question about treating low blood pressure with cold hands and feet

25:59 Moxa season, moxa pots, moxa oil, and a heat lamp

27:19 Case History: 88.01-88.03 Heart Passing Points, elderly patient with poor leg circulation, and difficulty walking

31:05 Recorded question about using 11.10 Wood Fire to treat younger patients with cold hands and feet

32:01 Recorded question about needling 11.10 Wood Fire bilaterally

32:43 Recorded question about combining Wood Fire with other needles

34:20 Recorded question about treating stroke, 22.04-22.05 Great White/ Spirit Bone (Ling Gu/Da Bai) for legs, and 88.25 Center Nine Miles (GB31)/A.01 Seven Miles (GB32) for arms

35:10 Save your qi! Every single needle you put in takes a little piece of you
36:10 Movie: 11.09 Heart Knee

38:30 Movie: 11.10 Wood Fire (Mu Huo)

39:58 11.11 Lung Heart

40:25 Treating varicose veins

40:30 Spine pain from Ankylosing’s spondylitis; bamboo cupping the spine, and cupping the musculature

48:16 Recorded question about torticollis

48:58 Recorded question about cupping on the back; the amount of cupping that can be done during the first treatment and clearing the DT.01- DT.02 Toxin Areas

51:19 Recorded question about use of bamboo cupping vs. glass cups; discussion about bamboo cupping between the vertebrae, types of glasses to use for cupping the muscles of the back, and the process of glass cupping

56:29 If you harm a patient (E.g., burning due to the flame heating the rim of a cup)

58:20 11.11 Lung Heart, treating varicosities, spine pain due to hormone replacement

1:02:49 11.12 Two Corner Bright (Er Jiao Ming)

1:05:35 Recorded question about needle retention duration for Two Corner Bright

1:06:17 Recorded question about bleeding UB40 when there is no visible vessel

1:07:42 11.13 Gallbladder (Dan)
1:10:18 11.14 Finger Three Weights (finger version of 77.05-77.07 Three Weights)

1:13:28 11.15 Finger Kidney
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 5
11.16 through 11.27
(Not including 11.17 and 11.24)

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:37 Recorded question about 11.01-11.05 Hernia Points; instruction on how to properly needle finger points

03:56 11.17 Wood (Anger) points

05:30 Discussion about “active qi moving” technique

12:35 Discussion about cupping

15:47 Cupping and Points DVDs

18:36 Recorded question about inguinal hernia, and 11.01-11.05 Hernia Points

19:47 Needle size and gauge for finger points

21:30 Student’s comment about treating back pain with 44.02 Back Vertebrae and 44.03 Head Wisdom

22:38 Recorded question and discussion about Reaction Areas

29:29 Recorded question about treatments after surgical interventions
38:23 11:16 Fire Knee (SI1)

45:28 11.18 Spleen Edema

48:30 11.19 Heart Normal

52:45 11:20 Wood Inflammation

56:43 Case History: Treating hepatitis; liver and fatigue due to liver

1:01:25 Movie: 11.20 Wood Inflammation

1:04:16 11.21 Three Eyes

1:05:50 11.22 Recovery

1:06:24 Case History: Bone cyst

1:11:43 11.23 Eye Yellow

1:13:12 11.25 Stop Spit

1:13:46 Case History: Patients with brain injuries; treating drooling

1:16:58 11.26 Control Dirt

1:19:24 Case History: Herpes of the eye; using a lancet to bleed the fingers and hand

1:22:59 Recorded question: Would Susan choose 11.20 Wood Inflammation to treat nausea due to chemo/radiation treatment?

1:24:35 Recorded question about treating colon cancer, dealing with symptoms due to chemotherapy without interfering with their treatment

1:26:28 11.27 Five Tigers

1:32:04 Case History: Thumb pain
1:33:51  Recorded question about needling Five Tigers bilaterally

1:37:47  Recorded question about location of Five Tigers

1:40:02  Movie: 11.27 Five Tigers
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 6
22.01 through 22.07
(Including A.05 and A.06)

(To differentiate between primary point discussions and points appearing in
cursory discussions, all primary point discussions will be in bold.)

00:42 22.01-22.02 Double Child/Double Fairy

12:48 Recorded question about veins of the thenar eminence indicating
uterine fibroids or tumors

13:43 Recorded question about dark veins in this area for a man

14:52 Movie 22.01-22.02 Double Child/Double Fairy

18:56 A.05 Small Joint (Xiao Jie)

22:15 Case History: A.05 Small Joint for a severely sprained ankle.

23:00 Case History: Small joint for a patient with chronic ankle pain

24:34 Zero Balancing and polarity lines with magnets: Black (North) side
on pain, Red (South) away from the pain, to bring pain out of the
joint

26:06 Frequent ankle sprains and hip disease

28:18 Movie: A.05 Small Joint (Xiao Jie)
29:59 22.03 **Upper White** (*Shang Bai*)

31:52 Wrist pain (radial side – *LI* channel)

32:17 Wrist pain (ulnar side – *SI* channel)

32:59 **A.06 Sequence White** (*Ci Bai*)

33:17 **22.04-22.05 Great White/Spirit Bone** (*Da Bai/Ling Gu*)

39:01 Recorded question about cupping the lower back for sciatica; points for sciatica (overview)

42:23 *Ling Gu/Da Bai* are forbidden in pregnancy

42:39 Recorded question about use of **22.04-22.05 Ling Gu/Da Bai** for labor induction; cupping the lower back to prepare the patient for labor

44:39 Recorded question about adding **22.04-22.05 Ling Gu/Da Bai** to any other treatments to enhance the effect

46:23 Recorded question about using **22.04-22.05 Ling Gu/Da Bai** for moving blood

47:15 Recorded question about using **22.04-22.05 Ling Gu/Dabai** with **66.03-66.04 Fire Hardness/Fire Master (LV2/LV3)**, **LV3 & LI4 “classic Four Gates” vs. 22.04 Great White (Da Bai) & 66.03 Fire Hardness (LV2) “anxiety Four Gates”**

51:07 Movie: **22.04 Da Bai / 22.05 Ling Gu**

53:59 **22.06-22.07 Middle White/Lower White** (*Zhong Bai/Xia Bai*)

59:28 Recorded question about whether needling **A.04 San Cha Three** connects **22.06-22.07 Middle White/Lower White together**
1:00:29 Movie: 22.06-22.07 Middle White/Lower White (Zhong Bai/Xia Bai)
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 7
22.08 through 22.11
(Including Miriam Lee’s Ten Needles, Tonification and Sedation, and A.04 San Cha III)

(To differentiate between primary point discussions and points appearing in cursory discussions, all primary point discussions will be in bold.)

00:01 Tonification/sedation; Transporting points, and Miriam’s Ten Great Needles

00:41 Recorded question about Dr. Young’s book, 2nd edition

02:30 The power of Master Tung’s acupuncture

03:58 The Five Transporting Points; Insights of a Senior Acupuncturist by Dr. Miriam Lee

05:28 Jing-Well points

07:30 Ying-Spring points

08:16 Ying-Spring and Shu-Stream points

08:39 Yuan-Source points

09:42 Shu-Stream points are excellent Guiding points

10:12 Jing River points
He-Sea points

Miriam Lee’s Ten Needles - diagram showing the flow of energy in the body

Tonification and Sedation techniques - “Burning Mountain Fire,” tonification, and “Penetrating Heaven Cold” sedation

How to needle Miriam’s Ten Needles, and tonifying the ST and SP to raise the pure qi upward

Clearing the top part of the body (LU and LI) to remove the wind/turbid qi so that there is space for the pure qi to arrive

Miriam’s Ten Needle treatment indications

Using strong stimulation and letting the body adjust itself

Situations that specifically require tonification or sedation. For example, treating abdominal pain with opposite side 66.05 Golden Gate (ST43)

Strong stimulation and deep needling

Miriam’s Tune-up

ST36 Leg Three Miles

SP6 Three Yin Crossing

LI11

LI4

LU7

A.04 San Cha Three
55:39 Movie: A.04 San Cha Three

58:35 Recorded question about translated name of A.04 San Cha Three

59:19 Recorded question about treating Multiple Sclerosis with A.04 San Cha Three; cupping information (including Star Vac II)

1:02:06 Recorded question about Star Vac II as opposed to glass cupping; straight style (bike) pumps vs. pistol grip pumps

1:07:23 SI3 Hou Xi, 22.08-22.09 Wrist Prosperous One and Two

1:13:15 Recorded question: Active qi moving methods after needling SI3

1:14:17 Case History: 90 year-old patient who just had heart valve surgery

1:16:46 Sciatica treatment discussion

1:21:12 Case History: Patient must rest after treatment

1:22:19 Dr. Young’s bone spur treatment

1:27:35 Question about treating numbness and tingling without pain in the UB/GB channels

1:29:57 Movie: 22.08-22.09 Wrist Prosperous One/Two

1:32:37 22.10 Hand Release (HT8)

1:34:03 22.11 Earth Water (Tu Shui)

1:35:36 Comment on using this point for plantar fasciitis

1:36:46 Case History: stuck needle after patient moved

1:41:12 Movie 22.11 Earth Water

1:42:43 Bleeding 22.11 Earth Water with a lancet
Master Tung’s Magic Points
by Susan Johnson

Table of Contents:
Beginning Series 1, Part 8
33.01 through 33.11

(To differentiate between primary point discussions and points appearing in
cursory discussions, all primary point discussions will be in bold.)

00:00 Recorded question about Multiple Sclerosis with bladder incontinence

01:53 Moxa and moxa oil to treat urinary incontinence

03:19 Moxa season

08:55 What to do when exposed to wind chill

11:41 Recorded question: Treating shingles or herpes; how to prevent future outbreaks in the same area

23:49 Case History: Herpes in the eye

28:11 Recorded question: Child with broken wrist that is not healing properly

31:18 Obtaining tools that Susan recommends

32:13 33.01---33.03 This Door/This Corner/This Uprightness

36:18 Case History: Patient who would drink one cup of coffee and would get intestinal bleeding
Veins in the area of UB40 Wei Zhong to treat hemorrhoids

Question about using these points to treat hemorrhoids in pregnant women

Inducing labor by flattening the Lung pulse

Movie: 33.01---33.03 This Door/This Corner/This Uprightness

33.04 Fire Threaded, 33.05 Fire Mound, 33.06 Fire Mountain

Treating constipation with 33.04 Fire Threaded and KD6

33.07 Fire Bowels Sea

Longevity treatment using 33.07 Fire Bowels Sea

Applying moxa on joints to treat rhematoid arthritis

33.08---33.09 Arm Five/Arm Thousand Gold

Treating sciatica

Recorded question about why she would use these points instead of 22.04---22.04 Great White/Spirit Bone (Ling Gu/Da Bai)

Recorded question about treating elderly patients with sciatica

“Not everybody is meant to be healed by you.”

Case History: Patient blinded due to optic nerve damage - -- genetically closed tear ducts.

Recorded question: Treating the piriformis and cupping the lower back
1:25:57 Drinking cold drinks and sciatica

1:26:30 Movie 33:08---33.09 Arm Five Gold/Arm Thousand Gold

1:29:12 Recorded question about treating numbness in the feet

1:31:14 33.10 Intestine Gate

1:32:39 Teaching patients to hold 33.10 Intestine Gate to alleviate symptoms of IBS or Crohn’s disease

1:33:53 33.11 Liver Gate

1:35:52 Movie: 33.10 Intestine Gate, 33.11 Liver Gate