

Best of Master Tung's Magic Points

By Susan Johnson, L.Ac.



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The Best of Tung's Points, Part 1

- 00:00** *Introduction*
- 09:37** *Unilateral vs. Bilateral needling*
- 11:17** *History of Tung's points*
- 13:30** *Point numbering system*
- 14:36** *Addendum points*
- 16:21** *"Kitchen Sinking:" Adding what you currently know to what you are learning with Master Tung's points*
- 17:25** *Contents of Susan's Beginning and Advanced Series*
- 19:17** *How fast Master Tung's points work*
- 20:13** *Excess vs. Deficiency*
- 23:23** *Nei Jing/I Ching, Elisabeth Rochat De La Vallee*
- 25:59** *Steven Alpern*
- 28:23** *Dr. Miriam Lee and Dr. Young*
- 30:29** *Sliding scale acupuncture*
- 32:00** *Succeeding in your practice*

- 33:26** *Expectations of patients: Eat right, sleep well, avoid drugs. It does not help your patients if you baby them along - be straightforward and loving, but clear.*
- 39:25** *DVD sets: Magic Points and Cupping*
- 45:29** *Nine Stars of the Magic Square*
- 49:17** *Bleeding*
- 50:50** *Bleeding, or cupping, prior to needle treatment*
- 59:30** *Dao Ma point combinations*
- 1:07:52** *Kitchen table wisdom - establishing trust with patients*
- 1:11:31** *HIV clinic experience - treating the immune system*
- 1:22:51** *Moxa pack*
- 1:25:34** *Curving a needle, using finer needles with strong stimulation*

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The Best of Tung's Points, Part 2

00:37 *Cupping information; watching the patients' breathing*

06:01 *Magic Square (continued)*

53:33 *Recorded questions*

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The Best of Tung's Points, Part 3

- 00:00** *Recorded questions: Combining cupping, bleeding, and herbs with needling*
- 04:29** *Case History: How using Master Tung's points to balance qi works; borrowing qi*
- 08:37** *How to treat consecutively for bilateral pain; how to combine points energetically*
- 13:49** *Finger points (introduction)*
- 20:07** *Bone-treating-bone Kidney tonification function*
- 22:16** *11.06 Return to the Nest*
- 34:21** *Movie: 11.06 Return to the Nest*
- 35:37** *11.24 Gynecological Points*
- 45:30** *Thumb and scalp acupuncture*
- 47:52** *Movie: 11.24 Gynecological Points*
- 50:46** *11.17 Wood (Anger)*
- 1:00:24** *Do not add unnecessary needles, but you can add finger points and ear points*

- 1:02:04** *Movie: 11.17 Wood (Anger)*
- 1:05:34** *Movie: Combining 11.06 Return to the Nest with 11.24 Gynecological, 11.17 Wood (Anger)*
- 1:15:33** *11.20 Wood Inflammation*
- 1:19:45** *Movie: 11.20 Wood Inflammation*
- 1:22:40** *How to properly needle finger points to reduce pain from needling*
- 1:25:55** *Recorded questions about stimulating needles*
- 1:32:35** *Recorded question about safety of the gynecological points and other Master Tung's points during pregnancy*
- 1:36:20** *Recorded question about treating post hysterectomy*
- 1:40:48** *Movie: 11.27 Five Tigers*

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The Best of Tung's Points, Part 4

- 00:02** *22.01-22.02 Double Child/Double Fairy*
- 14:56** *Movie: 22.01-22.02 Double Child/Double Fairy*
- 19:02** *A.05 Small Joint (Xiao Jie)*
- 25:12** *Movie: A.05 Small Joint (Xiao Jie)*
- 27:06** *22.04 Great White (Da Bai), 22.05 Spirit Bone (Ling Gu)*
- 29:32** *Miriam Lee's Ten Needles; Insights of a Senior Acupuncturist*
- 33:53** *Movie: 22.04 Great White (Da Bai), 22.05 Spirit Bone (Ling Gu)*
- 38:20** *SI3 Hou Xi – Back Ravine (22.08-22.09 Wrist Prosperous One and Two),*
- 41:09** *UB sciatica treating points and guiding points; UB65 Shu Gu (Bone Association Point)*
- 43:00** *GB sciatica treating and guiding points; 22.06 Middle White (Zhong Bai), Lower White (Xia Bai)*
- 46:22** *Other guiding point examples: 77.22-77.23 Beside Three Miles with 22.06 Zhong Bai; PC6 with LV3; 33.12 Heart Gate with LV3; 66.05 Golden Gate (ST43)*
- 51:54** *Deeper connections of Master Tung's points*

52:07 *Movie: 22.06 Middle White (Zhong Bai), 22.07 Lower White (Xia Bai)*

53:18 *A.04 San Cha Three*

1:11:10 *Movie: A.04 San Cha Three*

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The Best of Tung's Points, Part 5

- 00:00** *Recorded question: Treating ankle pain*
- 05:17** *Bleeding and bamboo cupping*
- 09:24** *Recorded question: Injured (frozen) shoulder*
- 12:10** *Cupping*
- 25:17** *Frozen shoulder (continued)*
- 46:10** *33.10 Intestine Gate, 33.11 Liver Gate*
- 48:21** *33.12 Heart Gate*
- 53:17** *Additional cupping instruction*
- 57:42** *Golfer's elbow*
- 58:39** *Movie: 33.12 Heart Gate*
- 1:01:42** *Five theories in Master Tung's system*
- 1:05:11** *Eastern Currents webinars*
- 1:05:57** *33.16 Curve Mound (LU5)*
- 1:06:23** *Bamboo cupping for Ankylosing's spondylitis*

1:10:51 *55.02 Flower Bone One*

1:16:49 *55.04 Flower Bone Three. 55.05 Flower Bone Four, 55.03 Flower Bone Two (brief introduction)*

1:18:30 *55.06 Upper Tumor*

1:21:47 *Three Stove Bottom, 77.27 Outer Three Gates*

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The Best of Tung's Points, Part 6

01:48 *Movie: 55.02 Flower Bone One*

30:07 *Case History: Optic nerve atrophy*

32:31 *Movie: 55.06 Upper Tumor*

34:30 *Movie: 66.01 Seal*

38:33 *Movie: 66.02 Wood Wife*

41:11 *66.01 Seal*

42:49 *66.02 Wood Wife*

45:51 *66.03 Fire Hardness, 66.04 Fire Master*

53:54 *Movie: 66.03 Fire Hardness, 66.04 Fire Master*

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The Best of Tung's Points, Part 7

- 00:00** *Recorded question: Using Master Tung's points on companion animals*
- 01:17** *Recorded question: Treating peripheral neuropathy*
- 05:20** *Recorded question: Neck injury with pain in the arm*
- 06:15** *Recorded question: Congestive heart disease*
- 11:20** *66.05 Golden Gate (Tung's ST43)*
- 11:45** *Case History: Crohn's disease*
- 16:25** *Differentiating frontal headaches - excess vs. deficiency*
- 18:32** *Movie: 66.05 Golden Gate*
- 21:41** *66.11 Fire Chrysanthemum (Tung's SP4)*
- 25:22** *Paralytic colon post-anesthesia*
- 28:22** *Treating newborns to prevent jaundice*
- 29:40** *Preventing morning sickness*
- 34:02** *Movie: 66.11 Fire Chrysanthemum*
- 36:02** *77.01 Upright Tendon, 77.02 Upright Ancestry - "Correct Tendons"*

- 36:30** *Treating plantar fasciitis*
- 46:38** *Case Histories: Correct Tendons*
- 47:48** *Cupping precautions for recent neck injury*
- 53:44** *Movie: 77.01-77.02 Correct Tendons*
- 1:09:47** *77.05-77.07 Three Weights*
- 1:14:21** *Case History: Three Weights for blocked artery; circulation to the brain*
- 1:20:44** *Case History: Treating macular degeneration*
- 1:23:11** *Movie: 77.05-77.07 Three Weights*
- 1:29:55** *77.08 Four Flower Upper, 77.09 Four Flower Middle*
- 1:36:43** *Movie: 77.08-77.09 Four Flower Upper/Four Flower Middle*
- 1:42:53** *77.11 Four Flower Lower, 77.12 Bowel Intestine (quick introduction)*
- 1:50:46** *77.18 Kidney Gate (Shen Guan), Three Emperors*
- 1:54:37** *77.21 Man Emperor (Tung's SP6)*
- 1:59:34** *Movie: Three Emperors: 77.18 Kidney Gate, 77.19 Earth Emperor, 77.21 Man Emperor*
- 2:07:23** *77.22-77.23 Beside Three Miles*
- 2:09:59** *Tung's Gallbladder channel, 77.24 Leg Thousand Gold, 77.25 Leg Five Gold*
- 2:12:26** *Treating TMJ, trigeminal neuralgia, Bell's palsy*
- 2:14:51** *Cupping behind the ear, neck, jaw*

2:17:23 *Movie: 77.22-77.23 Beside Three Miles*

2:24:36 *77.27 Outer Three Gates*

2:26:51 *Movie: 77.27 Outer Three Gates*

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The Best of Tung's Points, Part 8

- 00:00** *88.12-88.14 Three Yellows*
- 00:18** *Case History: Polycystic kidney and liver disease*
- 06:18** *Combining Three Yellows with Three Emperors*
- 08:29** *Treating Meniere's Disease*
- 08:54** *Treating hepatitis*
- 10:27** *Treating fatigue due to Liver; cupping the Toxin Areas, and treating advanced liver diseases*
- 19:43** *Movie 88.12-88.14 Three Yellows*
- 22:56** *88.15 Fire Branch, 88.16 Fire All (Gallbladder points)*
- 27:49** *Movie: 88.15 Fire Branch/88.16 Fire All*
- 30:37** *88.17-88.19 Four Horses*
- 35:07** *Reaction Areas*
- 37:27** *Movie: 88.17-88.19 Four Horses*
- 44:31** *Ling Shu Connections*
- 51:25** *Movie: LI20 Welcome Fragrance (1010.15 Bowels Fast)*

53:26 *Goodbye/Conclusion*