

Master Tung's Magic Points

by Susan Johnson

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Beginning Series 1, Part 2

How the Points Work

*(To differentiate between primary point discussions and points appearing in cursory discussions, **all primary point discussions will be in bold.**)*

- 00:00** *Pre-lecture questions about material from segment #1*
- 00:04** *Using cupping for both chronic and acute conditions*
- 03:20** *Recorded question about points for scapular pain*
- 04:59** *Cupping to clear toxins, what is meant by "Toxin Areas"*
- 06:54** *Question about 'running/pulling/moving cups' vs stationary Cupping; Gua Sha*
- 08:38** *"How the points work" lecture*
- 08:57** *740 points in Master Tung's system*
- 09:48** *33.11 Liver Gate connection to Small Intestine meridian*
- 10:32** *33.01--33.03 This Door/This Corner/This upright relationship to Large Intestine channel*
- 11:21** *Connection of the distal points to the brain – particularly the thumb, fingers, and the big toe*

- 14:29** *Thenar eminence*
- 14:57** *Five theories utilized in Tung's acupuncture*
- 15:06** *(1) Opposite side needling for structural issues*
- 15:36** *(2) Active qi moving techniques; setting up the energetic pathway*
- 20:08** *(3) Back Horse/Dao Ma supporting point techniques*
- 22:14** *Thigh points: Why they are so powerful and useful*
- 24:37** *(4) Five element relationships of Master Tung points:*
- 24:50** *11.17 Wood (Anger) – 'Mu'*
- 29:29** *11.20 Wood Inflammation*
- 30:43** *1010.19--1010.20 Water Gold/Water Through*
- 31:07** *55.01 Fire Bag*
- 31:24** *66.02 Wood Wife*
- 32:02** *88.17--88.19 Four Horses - location and Reaction Area elemental relationships*
- 34:11** *(5) Guiding points; use of Shu Stream Transporting points*
- 35:48** *77.22--77.23 Beside Three Miles, 22.06 Middle White (Zhong Bai)*
- 37:11** *Example: Sciatica treatments with distal and guiding points; using more than one guiding point to treat pain that occurs simultaneously in multiple channels*
- 38:41** *LI20 Welcome Fragrance as a guiding point*
- 39:46** *Bleeding – integral to Master Tung's acupuncture; examples (Tai Yang, LU5, UB40)*

- 49:28** *Cupping*
- 51:41** *Susan's HIV clinic*
- 53:53** *Question about bleeding during menstruation*
- 55:43** *Rules for using Tung's points*
- 56:02** *Needle according to depth*
- 56:45** *Deep needling techniques vs. shallow needling*
- 59:44** *Needle according to the nature of the disease (heat, recent, deficient vs. cold, chronic, excess); spring vs. summer, winter, and fall*
- 1:00:31** *Needle according to the physical condition of the patient*
- 1:01:06** *Needling according to the location of the point*
- 1:01:21** *Bleeding insertion depths*
- 1:02:25** *Avoiding pneumothorax*
- 1:03:26** *Deep needling REN12*
- 1:04:39** *Muscular patients much harder for wind evil to evade, but once it happens, it goes very deep in the body and is hard to extricate. Wind is something we treat every day - second to stagnation. Bring the wind out, then rebuild the system.*
- 1:06:11** *Thin patients, children, elderly might do shallow needle, or instant in/out*
- 1:06:29** *Retain needles longer for chronic deficiency; bleed for chronic excess*
- 1:07:00** *Acute vs. chronic for duration and insertion depth*

- 1:07:19** *Retaining needles according to the time of day treated*
- 1:07:43** *24 hour cycle of qi and blood flow, 28 minutes, 48 seconds = retain needles at least 30 minutes*
- 1:08:56** *Focus the treatments, and be very clear - don't try to do too much or send qi in different directions. Consecutive vs. simultaneous treatments.*
- 1:09:19** *How long Susan retains needles in her patient (45 minutes vs 60 minutes)*
- 1:10:30** *Treating both sides consecutively (shorter tx, opposite the lesser symptoms), then 45 minutes opposite the worse symptoms*
- 1:11:14** *Recorded question about retention of needles in patients that are deficient*
- 1:13:33** *Recorded question: Is deep needling with long retention sedating?*
- 1:14:27** *Recorded question about needle gauges Susan uses; information about treating children; choosing the correct needle for each patient, and scalp acupuncture needles*
- 1:18:12** *Case history: 10 year old waterboy for football team who got tackled - asthma and nightmares, 1010.19--1010.20 Water Gold/ Water Through and Prefrontal scalp needles*