

Master Tung's Magic Points

by Susan Johnson

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Beginning Series 1, Part 3

11.01 through 11.06

(Including 11.17 and 11.24)

*(To differentiate between primary point discussions and points appearing in cursory discussions, **all primary point discussions will be in bold.**)*

00:21 *Recorded question about patients who feel tired after treatment*

01:28 *Discussion about soreness after cupping; post cupping recovery*

02:45 *Use of rolled up hand towels to aid in needling*

06:03 *Recorded question about using multiple techniques or treating multiple conditions in one day*

08:35 *Prioritizing the order of treatments: Cupping/bleeding before the needle treatment, or consecutive needle treatments*

11:38 *Locating finger points; numbering system of Master Tung points*

14:52 *Finger points; A-E lines*

15:15 *Palmar surface*

17:55 *Some finger points are only done on one side: 11.20 Wood Inflammation or 11.18 Spleen Edema*

- 18:28** Often points can be done on either side, but are only needed unilaterally: E.g., 11.06 Return to the Nest and 11.24 Gynecological Points
- 20:25** Five lines on the palmar surface; on the dorsum of the hand, there are only three lines
- 20:51** Dorsal view
- 22:13** Needling on A or E line, at the junction of the red/white skin
- 22:48** How to needle finger points to reduce sensitivity
- 24:12** Sliding the shaft of the needle alongside the bone to add Kidney tonification
- 25:13** How to needle palmar/midline finger points
- 27:16** Needling points on the midline of the dorsum of the hand
- 28:16** Needling points on the ulnar or radial sides of the dorsum of the finger
- 29:57** How the practitioner should use both hands when needling finger points
- 31:18** Blood vessels - burning hot pain vs. "zip" nerve sensation
- 32:40** Removing needles if you encounter a nerve sensation on 11.17 Wood (Anger)
- 33:29** Avoiding blood vessels
- 34:47** Creases that should be used for locating finger points
- 35:27** 11.01-11.05 Hernia Points
- 36:45** 11.05 Middle Distance - an important emergency point

- 39:37** *11.01 Great Distance*
- 40:05** *11.02 Floating Distance*
- 40:44** *11.03 External Distance and 11.04 External Distance*
- 40:56** *Using all five points for hernia: How they are needled and how the patient's hand is positioned*
- 41:42** *Moxa pots*
- 43:02** *Using moxa pots on a hernia*
- 44:07** *Reviewing the individual point indications of the Hernia Points; however, these points are not chosen unless there is a hernia (except 11.05 Middle Distance); commentary about these points and how they work*
- 47:28** *Movie: 11.01-11.05*
- 51:02** **11.06 Return to the Nest;** *San Jiao/Kidney relationship; indications*
- 52:58** *How to needle Return to the Nest*
- 54:10** *"Pegging" the tendon*
- 55:14** *Indications for Return to the Nest*
- 59:15** *Helping menopausal patients avoid hysterectomies*
- 59:52** *Movie: 11.06 Return to the Nest*
- 1:01:59** **11.24 Gynecological**
- 1:05:29** *Combining 11.06 Return to the Nest, 11.24 Gynecological, and 11.17 Wood (Anger) aka "Mu"*

- 1:07:34** *Frequency of treatment and rotating the points*
- 1:08:42** *Cyclical migraine headaches and balancing the hormones*
- 1:09:40** *Movie: 11.24 Gynecological*
- 1:12:38** **11.17 Wood (Anger)**
- 1:14:55** *Movie: 11.17 Wood (Anger)*
- 1:19:13** *Treating dry eyes*
- 1:21:05** *Recorded question: Are the points powerful enough to use for gynecological issues on their own?*
- 1:21:32** *Finger points can be added to other treatments without interfering with the energetic lines*
- 1:22:41** *Recorded question about 11.06 and 11.24 being needled unilaterally vs. bilaterally*
- 1:23:09** *Recorded question: Moxa and Hernia Points*
- 1:23:34** *Recorded question: Why use LV1 Da Dun as a guiding point for hernia*
- 1:24:41** *Recorded question: Infertility due to an unknown origin and use of the finger gynecological points; emotional component of infertility*
- 1:25:37** *Movie: 11.06 Return to the Nest, 11.17 Wood (Anger), and 11.24 Gynecological*