FAQ's

Why are probiotics so important? Probiotics are beneficial microorganisms (good bacteria) that in adequate amounts provide multiple health benefits to both the digestive and immune systems. Our ancestors obtained these beneficial bacteria from living closer to nature and from their diets. Today's modern day living, diet and medications may compromise these microorganisms, affecting their essential work in establishing whole body health. New Beginnings™ natural fermentation process creates a living system that offers modern families a unique, natural food approach to the beneficial world of probiotics.

When is New Beginnings[™] best taken? New Beginnings[™] can be consumed at any time of the day. Some individuals prefer it on an empty stomach, while others prefer it during meals. For some, small amounts are sufficient, while others benefit from taking it several times a day.

What herbs are used in New Beginnings™? New Beginnings™ contains extracts from angelica, anise, basil, chervil, dill, elder, fennel, fenugreek, ginger, juniper, large nettle, liquorice root, oregano, parsley, peppermint, roman chamomile, rosemary, sage, and thyme.

What is fermentation? Fermentation is a process where bacteria preserve foods by converting one substance to another. The fermentation process in New BeginningsTM can continue for a short while after bottling which results in pressure being released when opened. This is normal.

"All Diseases Begin in the Gut" Hippocrates

About Us

O - Old Traditions: A long established or inherited way of thinking or acting. This implies they are tried and true and are ways that have survived the "test of time."

L-Linking: Anything serving to connect one part or thing with another. This implies a conscious recognition of a relationship that creates something new or expands established wisdom.

I - Innovation: The act or process of inventing something new or the act of recognizing a new or expanded use for something that is old knowledge.

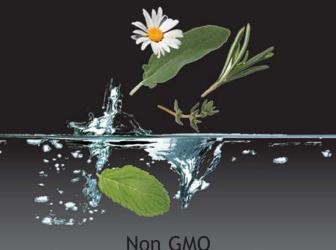
E - Ethically: Consistent with agreed principles of correct moral conduct, fair, just and decent; something inherently known by everyone and naturally lived by animals but is a choice for humans.

These words are the foundation on which Olie™ Naturals' beliefs are built

Olie™ Naturals is passionate about providing high quality whole food supplements that we believe enhance and promote the stabilization of health. We believe that health is more than the absence of disease. We believe diet must play a significant role in our ability to maintain and build upon the level of health which we are born with. We believe that innate health is best nurtured by nutrient dense, minimally processed, whole foods. The science of nutrition and the "law of common sense" support this. That is why we, at Olie™ Naturals, are dedicated to bringing you carefully procured whole food supplements that will assist in potentially attaining a lifetime of health, with minimal therapeutic intervention.

Olie™ Naturals Box 1742 Melfort SK. SOE 1AO Canada www.olienaturals.ca





No Sugar No Dairy

No Gluten

No Preservatives

New Beginnings

Olie $^{\mathsf{TM}}$ Naturals New Beginnings $^{\mathsf{TM}}$ is a certified organic European, fermented, herbal, probiotic drink that links old traditions, innovative technologies and global leaders in the art and science of probiotics.

New BeginningsTM contains a blend of 7 carefully selected active bacterial cultures and 19 herbs. A unique, gentle, fermentation process yields this dynamic and complex mixture designed to remain viable and functional as it travels throughout the gastrointestinal tract.

New Beginnings,™ inspired by Nature's Intelligence provides friendly bacteria that play an important role in basic digestion, proper metabolism, immune support and over all well-being for your lifetime.

A Refreshing Blend of Nature's Principals, Tradition, Science, Innovation and Common Sense



What Makes New Beginnings™ Unique

New BeginningsTM is produced in Denmark where it was developed over 20 years ago and is now sold and enjoyed in over 25 countries. New BeginningsTM was developed with the objective to offer people around the world a certified organic concentrated drink containing some of Nature's most brilliant creations: herbs and living lactic acid bacteria.

The lactic acid bacteria are cultured under ideal conditions in a medium of pristine water, organic molasses and herbs. Each ingredient is selected for purity and vitality. The ingredients are gently fermented during the production time and in this process all the molasses sugar is converted into organic acids, which naturally preserves the product and makes it sugar free.

Technology and science have provided us with cutting edge research on the exciting benefits that probiotic bacteria provide... but the most important nutritional probiotic health breakthrough in history was really discovered long ago, in the traditional wisdom of preparing and preserving of our food. Much of this knowledge has been forgotten or replaced, but is very much needed to help balance our stress-filled lifestyles and modern diets. New Beginnings™ probiotic links old tradition, innovation and ethically wise food preparation.