**Honorable Mark Holland  
House of Commons**   
Ottawa, Ontario,  
Canada  
K1A 0A6

Date:

**Dear Honorable Mark Holland**

I am proud Canadian citizen. I also am committed to staying healthy and not being a burden on Canada’s already stressed Health Care System. As a result, I manage my health care needs through the use of licensed natural health care practitioners. Their care includes natural health products that vary from time to time based on my needs.

I have been informed that Health Canada has issued a Cost Recovery Proposal that if implemented, will limit my practitioner’s access to these products or increase their cost significantly. I depend on the natural health products prescribed to me. I am very concerned at the attempt by HC to overburden the Natural Health Product industry with excessive costs thereby reducing my access to products that I have relied on for years.

Under Section 7 of the Canadian Charter of Rights and Freedoms I have the right to Life, liberty and security of person. Having access to a wide selection of Natural Health Products will help me guarantee my “security of person” to live healthfully at a minimal cost to the government. I request that you engage with the NNHPD and instruct them to open a meaningful dialogue with suppliers, health professionals and consumers like me. The goal of these discussions would be to ensure that my natural products are not being limited or overpriced due to inappropriate regulatory fees.

I request a reply from you indicating that you have heard my concerns and that you will act as Health Minister to ensure that my practitioner and I have access to the full range of Natural Health Products that we are accustomed to and at the prices we are familiar with.

Thank you for your attention to my concerns.

Sincerely

P.S. You may send your reply to this letter to my home address: