FLOW PRE-SYMPOSIUM

THURSDAY, MARCH 7, 2024

- *7:00 - 8:00*
- *8:00 - 8:30*
- *8:30 - 9:00*
- *9:00 - 9:30*
- *9:30 - 10:00*
  - *8:30 - 10:00* — **Acupuncture Orthopedics: Needling the Joints of the Spine & Extremities** — Anthony Von der Muhll
  - *8:30 - 10:00* — **An Introduction to the Saam Acupuncture Tradition** — Toby Daly
- *10:00 - 10:30*
  - *10:00 - 10:15* BREAK
- *10:30 - 11:00*
  - *10:15 - 12:00* — **Acupuncture Orthopedics: Needling the Joints of the Spine & Extremities** — Anthony Von der Muhll
  - *10:15 - 12:00* — **An Introduction to the Saam Acupuncture Tradition** — Toby Daly
- *11:00 - 11:30*
- *11:30 - 12:00*
- *12:00 - 12:30*
  - *12:00 - 1:00* LUNCH
- *12:30 - 1:00*
- *1:00 - 1:30*
- *1:30 - 2:00*
- *2:00 - 2:30*
- *2:30 - 3:00*
- *3:00 - 3:30*
  - *1:00 - 3:30* — **Acupuncture Orthopedics: Needling the Joints of the Spine & Extremities** — Anthony Von der Muhll
  - *1:00 - 3:30* — **An Introduction to the Saam Acupuncture Tradition** — Toby Daly
- *3:30 - 4:00*
  - *3:30 - 3:45* BREAK
- *4:00 - 4:30*
- *4:30 - 5:00*
  - *3:45 - 5:00* — **Acupuncture Orthopedics: Needling the Joints of the Spine & Extremities** — Anthony Von der Muhll
  - *3:45 - 5:00* — **An Introduction to the Saam Acupuncture Tradition** — Toby Daly
- *5:00 - 5:30*
- *5:30 - 6:00*
- *6:00 - 6:30*
- *6:30 - 7:00*

FREE DAY

FRIDAY, MARCH 8, 2024

FLOW SYMPOSIUM

SATURDAY, MARCH 9, 2024 / SUNDAY, MARCH 10, 2024

7:00 - 8:00
Qi Gong
Barbara de la Torre

8:00 - 8:30
Registration

8:30 - 9:00
Opening Remarks & Door Prizes

9:00 - 10:00
- **Saam Acupuncture Tradition: The Twelve Bioregions of the World** — Toby Daly
- **Five Elements, Five Steps for Self-Protection, Five Capacities for Living in Community** — Alaine Duncan

10:05 - 11:05
- **Revolutionize Healthcare the Yin Way: A Dynamic Systems Approach to Bridge Eastern & Western Medicine** — Barbara de la Torre
- **The Practice of Pelvic Floor Acupuncture Overview** — Jamie Hampton

11:05 - 11:30
BREAK

11:30 - 12:30
- **Fascia & the Lymphatic System: Bridging the Gap Between East & West** — Shellie Goldstein
- **Battlefield Acupuncture (BFA): Clinical Research & Applications** — John Howard

12:30 - 2:00
LUNCH

2:00 - 3:30
- **Saam Acupuncture Tradition: The Twelve Primary Channels** — Toby Daly
- **Tai Yi Noble Star Qigong, Part 1: Clear the Six Roots & Open the Heart** — Barbara de la Torre
- **Exploring Connective Tissue Integrity & Lymphatic Drainage for Facial Health & Integrity** — Shellie Goldstein
- **Toxic Stress, Allostasis & Complex Multi-Symptom Illness** — Alaine Duncan
- **Overview of Lumbo-Pelvic Dry Needling & Pelvic Floor Acupuncture** — Jamie Hampton
- **Clinical Hands-on Battlefield Acupuncture (BFA) Course** — John Howard

3:30 - 4:00
BREAK

4:00 - 5:30
- **Saam Acupuncture Tradition: The Twelve Primary Channels** — Toby Daly
- **Tai Yi Noble Star Qigong, Part 1: Clear the Six Roots & Open the Heart** — Barbara de la Torre
- **Exploring Connective Tissue Integrity & Lymphatic Drainage for Facial Health & Integrity** — Shellie Goldstein
- **Toxic Stress, Allostasis & Complex Multi-Symptom Illness** — Alaine Duncan
- **Overview of Lumbo-Pelvic Dry Needling & Pelvic Floor Acupuncture** — Jamie Hampton
- **Clinical Hands-on Battlefield Acupuncture (BFA) Course** — John Howard

5:30 - 7:00
Networking Party

Indicates that the session will be live streamed.